



EVGENIA MINASIDOU

Professor of Nursing and quality of life
International Hellenic University/ Nursing
Department
Address: G. Tsontou 3-5
Tel. +302310013501
Email: eminasid68@gmail.com,
minasidu@ihu.gr

1. TEACHING

Undergraduate

- Emergency Nursing/Intensive Care Nursing 6th Semester
- Clinical Nursing I (Clinical Internship I) 6th Semester
- Ethics And Deontology In Nursing Science 7th Semester
- Community Nursing II 8th Semester

Postgraduate

- Research Methodology 1st Semester
- Quality of life patients with diabetes
- Adherence and chronic diseases

2. EDUCATION

- Doctoral Diploma: Nursing, National and Kapodistrian University of Athens 2006
- Master of Science: Clinical Nursing, National and Kapodistrian University of Athens 2000
- First Degree: Bachelor's degree :a) BSc in Nursing Department, , National and Kapodistrian University of Athens 1998, b)) Nursing Degree in TEI of Thessaloniki 1992

3. RESEARCH INTERESTS

- Quality of life and chronic disease
- Diabetes care

- Community Health Care of Population

4. RESEARCH PROGRAMMES

- **«Continuity of care in Metabolic diseases through modern TECHNOlogy»(COMETECH)** Scientific responsible:K.Kazakos, project, founded by Interreg IPA Cross-border Cooperation Programme “Greece – Republic of North Macedonia 2014-2020”
- 1.9.2013-30.11.13 **“Investigation of nausea and vomiting in cancer patients undergoing chemotherapy”**. Scientific responsible: M.Lavdaniti. (Member of Research Team: **E. Minasidou**. Funding: Special Account for Research Budget (ELKE), Alexander Technological Educational Institute of Thessaloniki
- 1.5.2014-31.08.14. **“Contribution of exercise in promoting health of young people”**. Scientific responsible: L.Kourkouta. (Member of Research Team: **E. Minasidou**). Funding: Special Account for Research Budget (ELKE), Alexander Technological Educational Institute of Thessaloniki
- 1.9.2013-31.12.13. **“Investigation of body image and self-esteem in patients with breast cancer under mastectomy”**. Scientific responsible: K.Koukourikos. (Member of Research Team: **Th. Bellali**). Funding: Special Account for Research Budget (ELKE) Alexander Technological Educational Institute of Thessaloniki
- **The biopsychosocial effects of mobile telephones on health behaviors and quality of life of ATEITH. Students”**. Scientific responsible: **T.Bellali**. Funding: Special Account for Research Budget (ELKE) Alexander Technological Educational Institute of Thessaloniki 2011

5. SCIENTIFIC PUBLICATIONS

- Myrianthefs P, Kalafati M, Lemonidou C, Minasidou E, Evagelopoulou P, Baltopoulos G. (2002) [Efficacy of in and out of hospital CPR](#), *Critical Care*, 6(Suppl 1): P164 BioMed Central
- Myrianthefs P, Kalafati M, Lemonidou C, Minasidou E, Evagelopoulou P, Baltopoulos G (2003) [Short and long term efficacy of CPR in a general, adult ICU](#) *INTENSIVE CARE MEDICINE* 29, S56-S56
- Myrianthefs P, Kalafati M, Lemonidou C, Minasidou E, Evagelopoulou P, Baltopoulos G. (2003) «Efficacy of CPR in a General Adult ICU». *Resuscitation* 57 (1): 43-48
- Dimitriadou A, Lavdaniti M.,Theofanidis D.,Psychogiou M., Minasidou E., Konstadinidou-Straukou A.,Sapountzi-Krepia D. (2008)“ Interprofessional collaboration and Collaboration among nursing staff members in Northern Greece” *International Journal of Caring Sciences*, 1(3):140–146
- Kourakos M., Kafkia T., Minasidou E. (2016) Social Support and Care for Patients with Alzheimer’s Disease in the Community, *International Journal of Caring Sciences*, 9 (2):1186-1190

- Chrysovitsanou C., Ghika A., Voumvourakis K., Tzenalis A., Kilidireas C., Minasidou E. & Stamboulis E. (2016) Assessing the Impact of Stress on a Series of Greek Patients with Multiple Sclerosis (MS), *Interscientific Health Care*, 8 (3): 99-107
- Manomenidis G., Kafkia Th., Minasidou E., Tasoulis Ch., Koutra S., Kospantsidou A., Dimitriadou A. (2017) Is Self-Esteem Actually the Protective Factor of Nursing Burnout? *International Journal of Caring Sciences* 10 (3)1348-5
- Minasidou E., Kafkia Th., Dimitriadou A, Kallia Th., Kourakos M. (2017) Personality D type and cardiovascular disease: a literature review. *Innowacje w Pielęgniarstwie i Naukach o Zdrowiu* 2(2)
- Stavrianou A , Kafkia Th., Mantoudi A. , Minasidou E. , Konstantinidou A. , Sapountzi-Krepia D & Dimitriadou A (2018). Informal caregivers in Greek hospitals: a unique phenomenon of a health system in financial crisis" *Materia socio-medica* 30(2) 147-152
- Bellali, T., Giannopoulou, I. Tsourti, Z., Malliarou, M. , Minasidou, E., Sarafis, P., Papadatou, D. (2018) Psychometric properties of the Revised Death Attitude Profile (DAP-R) in a Greek sample of nurses
- Bellali T., Mastrokostas A., Grizioti M., Karamitri I. & Minasidou, E. (2014) "Afraid of the Drill? A Study of Dental Anxiety in Greek Nursing Students" *Hellenic Journal of Nursing Science* 7(1):27-33
- Minasidou E., Kourouzidou K., Mina S., Kourakos M., Dhmitriadou A., Kafkia Th. (2018). Mood disorders in Children and Adolescents with type 1 diabetes, *American Journal of Nursing Science* 7 (3-1):33-38
- Konstantinou D, Minasidou E, Grizioti M, Tsangari H & Bellali Th (2018) Exploring the job demands and support resources of Intensive Care Unit nurses in Cyprus' public hospitals Hellenic Journal of Nursing Science, 11(1) 47-60
- Bellali T, Manomenidis G, Meramveliotaki E, Minasidou E. & Galanis P (2019) The impact of anxiety and depression in the quality of life and psychological well-being of Greek hematological cancer patients on chemotherapy, *Psychology, Health & Medicine*
DOI: [10.1080/13548506.2019.1695864](https://doi.org/10.1080/13548506.2019.1695864)
- Anastasiou V, Tsaloglidou A, Minasidou E, Kafkia Th, Koukourikos K, Kourkouta L, & Dimitriadou A. (2019) Investigation of the Knowledge of Nursing Students and Nursing Assistants' Students on Diabetes Mellitus II and its Prevention *International Journal of Caring Sciences* 12(3)1837-1849
- Karagkounis C., Manomenidis G., Charalampos G. Platis C. G, Minasidou E and Bellali Th. (2020) The Impact of Self-Efficacy and Work Engagement on Healthcare Professionals' Proactive Behavior Health 12(04):305-316
- Bellali Th, **Minasidou E**, Galanis P, Karagkounis Chr, Liamopoulou P & Manomenidis G (2022) Psychometric properties of the Bergen Work

Addiction Scale, in a Greek sample of health professionals (HPs) *Health psychology report* DOI: 10.5114/hpr/153494

- Bellali Th, Karagkounis Chr, Liamopoulou P, **Minasidou E** & Manomenidis G. (2022) Comparative cross-sectional study of knowledge, attitudes, and perceptions among mental health and ward nursing staff towards smoking, *International Journal of Nursing Practice* DOI 10.1111/ijn.13108
- Chardalias P, Kourkouta L, Frantzana A, **Minasidou E**, Kafkia Th, Ouzounakis P & Sapountzi-Krepia D. Covid-19 and continuing nursing education (accepted for publication in the *Journal Progress in Health Sciences* 2022, 1(1) - edition June 2022)
- Marina Katerini , Christine Politi , Olympia Konstantakopoulou , Eleni Kyritsi , Evgenia Minasidou , Lambrini Kourkouta , Konstantinos Koukourikos , Areti Tsaloglidou (2024) Evaluation of Changes in Cardiac Troponin I Levels After Direct Current Cardioversion in Patients With Atrial Fibrillation, *Cureus* 16(8): e67162. DOI 10.7759/cureus.67162
- Kourakos M. Veneti A., Minasidou E., Iliadou A., Tsintsiou D., Poulimenakou G., Liamopoulou P., Kafkia T (2024) Female healthcare professionals' knowledge and attitudes regarding gynaecological disease screening in the context of public health, *Progress in Health Sciences* Vol. 14(1) pp 21-29
- Thalia Bellali, George Panayiotou, Polyxeni Liamopoulou, Theodora Mantziou ,Evgenia Minasidou and Georgios Manomenidis (2025) Enhancing Patient Safety Through Predictors of Job Performance in Greek Critical Care Nurses, *Healthcare*,13,(1636):1-13, DOI: [10.3390/healthcare13141636](https://doi.org/10.3390/healthcare13141636)

6. BOOKS

- “Moving the injured patient”, E.Minasidou, T.Kafkia, chapter 4 in the book “Emergency Nursing”, C.Marvaki, D.Papageorgiou, A.Kotanidou, A.Kalogianni, Konstantaras Publishing, 2015 (in Greek)
- “Musculoskeletal injuries”, E.Minasidou, T.Kafkia, chapter 10, in the book “Emergency Nursing”, C.Marvaki, D.Papageorgiou, A.Kotanidou, A.Kalogianni, Konstantaras Publishing, 2015 (in Greek)
- “Abdominal trauma”, E.Minasidou, T.Kafkia, chapter 21, in the book “Emergency Nursing”, C.Marvaki, D.Papageorgiou, A.Kotanidou, A.Kalogianni, Konstantaras Publishing, 2015 (in Greek)
- “Smoking and economic crisis”. Kourakos M, Kafkia T, Saridi M, chapter in the book “Greece: Economic crises and management”. Εκδότης: Caldwell D. Nova publishers, New York.
- “Nursing role in Diabetes Mellitus” E.Minasidou, A.Tsaloglidou, T.Kafkia, chapter 40 in the book titled “Diabetes Mellitus”, K.Kazakos, Broken Hill Publishers, 2016 (in Greek)
- “Nursing Theories”, M.Lavdaniti, T.Kafkia, E.Minasidou, chapter 8 in the book “Introduction in Science of Nursing”, M.Kelesi, G.Fasoi, D.Papageorgiou, Konstantaras Medical Publishing, 2016

- Priorities in Intensive Nursing Care, participation in the Greek translation, Broken Hill Publishers, 2018. (in Greek)
- Leininger's Intercultural Nursing, participation in the Greek translation, Konstantaras Scientific Publication, 2019. (in Greek)

7. MEMBERSHIP IN SCIENTIFIC and PROFESSIONAL ASSOCIATIONS

- Member of Hellenic Nurses Association
- Member of Hellenic Society of Nursing Studies-HSNS

8. HONORARY AWARDS

Quality of life of diabetic and non-diabetic haemodialysis patients in an urban area".
Falakidou T., Minasidou E., Kafkia T. , Dimitriadou A., Tsaklis P. , Roudenko I., Spaia S.
45th EDTNA/ERCA International Conference, Valencia, 17–20 September 2016.